



# Peace Mother Meditation

**Take your time to settle into an undisturbed meditative state.**

In your sacred imagination connect with the red rose pink diamond of peace deep within Earth. Tap into Her blue print - the crystal grid matrix of peace on Earth.

Repeat three times:    Let me know peace on Earth  
                                  Let me know peace on Earth  
                                  Let me know peace on Earth

Bring the energy from the red rose pink earth peace diamond up into your energetic womb. Connect to the red rose pink diamond of wisdom deep within your womb. Your matrix of embodied creative potential for peace.

Repeat three times:    Let me be the wisdom of Peace  
                                  Let me be the wisdom of Peace  
                                  Let me be the wisdom of Peace

Now raise the connection of peace energy from your womb to your heart and then connect with the red rose pink diamond of peace deep within your heart - your soul's unique blueprint for peace, right here right now, in this present moment

Repeat three times:    Let me be the Love of Peace  
                                  Let me be the Love of Peace  
                                  Let me be the Love of Peace

**Let it ground, radiate and permeate every nook and cranny of your perception and soul. Allow your inner vision of Shanti and Ahimsa (non-violence) to emerge...**

**Now take a small step of action to make it happen in your life today....**

[With respect and tenderness please do not share this meditation without asking permission first.]